

This Question Paper contains 8 printed pages.

(Section - A, B & C)

Sl.No. 6661

04 (E)

(MARCH, 2019)

(NCERT SRT)

Time : 3 Hours]

[Maximum Marks : 80

Instructions :

- 1) This question Paper is divided into three sections.
 - Section - A : Reading (20 marks)
 - Section - B : Writing and Grammar (30 marks)
 - Section - C : Literature Textbooks and Long Reading Text (Novel) (30 marks)
- 2) All questions are compulsory.
- 3) All questions of a particular section must be attempted in the correct order.

SECTION - A
(READING)

- 1) Read the following passage and answer the questions that follows:

Just by the use of colours you can balance your diet. All you need to do is to pay a little attention to the food you eat. Nutrition experts strongly recommended adding colours to your diet. Sweets and candy bars are generally colourful, but remember they do not contain natural colours and hence are not healthy. The key solution is a variety of naturally coloured foods. The deeper the colour, the greater the benefits. Getting more colours in your diet doesn't mean you have to drastically change your current eating habits.

Have a glass of 100% juice in the morning. Keep a mix of dried fruits on hand for a quick snack. Grab an apple or banana on your way out. Include atleast two vegetables in your dinner. Get into the habit of starting your dinner with a salad. Eat fruit for dessert. Always add greens to sandwiches.

Most red fruits and vegetables contain an antioxidant, which offers protection against ultraviolet rays and cancer and helps to prevent urinary tract infections and diseases related to circulatory system. Green vegetables not only look great but also possess excellent antioxidant properties that protect your eyes by keeping the retina in good condition and reduce the risk of cancerous tumours. Orange and yellow group contain beta-carotene, an antioxidant that improves cell communication and thereby helps to stop the spread of cancer. Blue and purple group not only adds an element of tranquility and richness to your plate, but also have an influence on the pineal gland (the third eye) and the nervous system. White group contains sulphur compounds that protect DNA and also contain flavonoids, the antioxidants that protect cell membranes.

Therefore the most colourful your diet is, the better equipped your immune system is to cope with diseases.

Questions :

- a) What do nutrition experts strongly recommend? [1]
- b) What can balance your diet? [1]
- c) What should be preferred for dessert at the end of your meal? [1]
- d) What are the advantages of green vegetables? [1]
- e) How do blue and purple group of food help us? [1]
- f) What is beta-carotene? [1]
- g) _____, the antioxidants is present in white group, that protect cell membranes. [1]
- h) Colourful diet helps our _____ to cope with diseases. [1]

2) **Read the following passage carefully and answer the questions that follow:**

It is rare to find someone with a good technical and communication skills. You can get far ahead of your colleagues if you combine the two early in your career. People will judge, evaluate, promote or block you based on your communication skills. Since habits form by repeating both good and bad forms of communication, learn to observe great communicators and adopt their styles and traits-in written and verbal forms. The art of listening and learning from each and every interaction, is another secret recipe. Develop the subconscious habit of listening to yourself as you speak and know when to pause.

Learning what not to say is probably more important than learning what to say. As your career develops, you will realize that the wise speaks less. Speak when you have value to add, else refrain. Poorly constructed e-mails with grammatical mistakes are acceptable between friends, but they should be seriously avoided while communicating formally with your seniors. Avoid any communication in an emotional state when you might say things you will regret later. One unnecessary word uttered at the wrong time or place can ruin a relationship, career or even your life. Such is the power of words. If such a thing happens, you should immediately apologise, else it may haunt you for life.

Another problem to overcome is speaking too fast. Since our minds are working faster than our speech, we are inclined to speak fast. This does not necessarily mean that the person hearing it will get it any faster. On the contrary, it is always the reverse. So slow down, think before you speak. "When I get ready to speak to people," Abraham Lincoln said, "I spend two-thirds of the time thinking. What they want to hear and one third thinking what I want to say". Adding humour and wit is also essential. But realize that not all jokes are funny and observe certain boundaries. Never say anything that could offend.

Remember you are not a comedian who must offend as many people as you can to be witty.

a) Answer briefly:

- i) It is necessary to have good communication skills. Why? [2]
- ii) How can communication skills be developed? [2]
- iii) What according to the writer should be avoided while communicating? [2]
- iv) What should be taken care of when you tend to be humorous? [2]

b) Choose the most appropriate options from given below:

i) What is the meaning of the word 'evaluate' in para 1 [1]

A) assume B) estimate

C) evolve D) enormous

ii) Which option will best make the synonym of trait? [1]

A) quality B) liberty

C) treaty D) trail

iii) The antonym of contrary is [1]

A) Connect B) Controversy

C) Opposite D) Same

iv) Complete the sentence [1]

We are inclined to speak fast as our minds _____

SECTION - B

(WRITING & GRAMMAR)

3) 'Teen died of cardiac arrest' - The numbers are rising because the villain is unhealthy [8]
living style.

Write a letter to the editor of a daily newspaper on the health hazards caused by junk food, and the obsession of young generation to it (in 100-120 words)

[You may use hints given below globalised food habits – craze for fast food-tasty fast foods but bad for health – causes obesity and indigestion – diseases on rise – harmful colours, chemicals used]

4) With the help of given hints, write a story with a suitable title (150 - 200 words) [8]

[Manoj – doing odd jobs to support family – studied at night – found a packet of diamonds – was in need of money badly for his mother's treatment – but was honest – mind says no – given in police station – owner found – became happy – rewarded Manoj with handsome amount – given job too – became prospered.]

5) Fill in the blanks using the correct options from given below [6]

Created (a) _____ 1936, Corbett was the first wildlife park in modern India. Besides the tiger (b) _____ the Asian elephant, the area is known (c) _____ a large number (d) _____ breeding migrants. It is bursting (e) _____ animal life, and a must-visit destination (f) _____ spot various animals, including Great Horn bill, Himalayan Pied kingfisher, Tawny Fish, Owl, Dollarbird and Rusty. Cheeked Scimitar Babbler, among others.

- | | |
|-------------|-------------|
| a) i) on | ii) for |
| iii) in | iv) with |
| b) i) but | ii) and |
| iii) or | iv) so |
| c) i) for | ii) from |
| iii) to | iv) with |
| d) i) in | ii) for |
| iii) by | iv) of |
| e) i) apart | ii) for |
| iii) with | iv) from |
| f) i) to | ii) for |
| iii) as | iv) because |

- 6) The following passage has not been edited. There is one error in each line. Identify [4]
the wrong word and write the incorrect word and write the incorrect word first and
then the correct word in your answer sheet. One example is given.

| | <u>Incorrect</u> | <u>Correct</u> |
|--------------------------------------|------------------|-------------------|
| Geoffrey chaucer is consider by many | <u>consider</u> | <u>considered</u> |

- | | | |
|--|-------|-------|
| a) to be the 'Father for English literature | _____ | _____ |
| b) and the great poet of the middle Ages | _____ | _____ |
| c) Born at 1343, he is the most famous | _____ | _____ |
| d) in 'The Canter Bury Tales', a series of story | _____ | _____ |

based on a group of pilgrim travelling

- 7) **Rearrange the following words or phrases into a meaningful sentence**

- | | |
|---|-----|
| a) place to place / move from / like to / because I / travel / I. | [1] |
| b) platinum / the earth / minerals / is / on / the rarest / one / of. | [1] |
| c) listened / I / loved / I / her voice / because. | [1] |
| d) bad manners / interrupting / when he is / some one / talking / is | [1] |

SECTION - C
(LITERATURE TEXTBOOK AND EXTENDED READING TEXT)

8) Read the extract given below and answer the questions that follow:

I felt I was a bit of a burden to you, so I found someone who'd think it a pleasure to look after me.

Answer the following questions :

- a) Who is the speaker? [1]
- b) Why did he conclude that he was a burden? [1]
- c) Who was going to look after him and how? [1]
- d) Whom was the speaker speaking to and what was their attitude towards the speaker? [1]

9) Answer the following questions in 30-40 words each :

- a) Bring out the irony in the lines, "My name is Ozymandias, king of kings. Look upon my works, ye Mighty and despair!." [2]
- b) Do you think that the end of the poem, "The frog and the Nightingale" is justified? Give reasons for your answer. [2]
- c) What brings a change in the Postmaster's opinion of Ali? Elucidate by giving textual references. [2]
- d) Why did John's wife get angry with him? What did she decide to do? [2]

- 10) Answer the following questions in about 100-120 words : (Any one) [8]

How did the grandfather taught his daughters a lesson. When his ungrateful, in human and greedy daughters were totally exposed before him?

OR

What reasons did Brutus give the citizen's to justify the assassination of Caesar.

- 11) Answer the following question in about 150-200 words: (Any one) [10]

The narrator said that she owed a lot to her teacher, Miss Sullivan. Give a brief account of the character of her teacher especially the efforts and influence in teaching Helen keller.

OR

Describe how excited the narrator was when she visited the Niagara Falls, the world's Fair and the Midway Plaisance?

x x x